

## Obstetrics Grand Rounds: Detailed First Trimester Ultrasound

### ***Internet Enduring Material***

***Release Date:*** 04/21/2025

***Expiration Date for Credit:*** 04/20/2028

***Content was originally presented as part of the Pediatrix OB Grand Rounds series on March 25, 2025.***

### ***Accreditation***

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***Time to Complete:*** The estimated time for completion of this Internet Enduring Material is 60 minutes.

***Target Audience:*** This presentation is intended for MFM and/or OBGYN clinicians including physicians, advanced practice providers, sonographers and other relevant healthcare providers.

### ***Commercial Support***

There is no commercial support for this educational activity.

### ***Mitigation of Relevant Financial Relationships***

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### ***Disclosure of Relevant Financial Relationships***

**Mishella Perez, RDMS**, faculty for this educational activity, has the following relevant financial relationship(s) with ineligible companies to disclose: Speakers Bureau-GE Healthcare Bio-Sciences. *FDA Disclosures:* None to report.

**Jaya Sariga, NNP-BC and Nicole Brenson**, planners of this educational activity, have no relevant financial relationship(s) with ineligible companies to disclose.

## **Overview**

The monthly Obstetrics Grand Rounds Series will present topics on diagnosis and management of normal and complicated pregnancy, including routine and advanced obstetrical ultrasound. The series aims to review evidence-based standards of care and to provide contemporary, state-of-the art updates on topics where new information is available. At the conclusion of the activity, learners will implement at least one strategy, new technique(s), or intervention(s) to identify specific findings of disease(s) to assist in clinical decision-making and antepartum management.

## **Objectives**

*At the conclusion of this activity, the participant will be able to:*

- Review the required components of the AIUM Detailed First Trimester Ultrasound (DFTU) between 12 weeks 0 days and 13 weeks 6 days.
- Identify structural defects seen in the first trimester DFTU.
- Apply image optimization techniques and avoid potential pitfalls encountered in the DFTU.

## **ACGME/ABMS Competencies**

- Medical Knowledge
- Practice-Based Learning and Improvement
- Systems-based Practice

## **IOM Competencies**

- Employ Evidence-based Practice
- Provide Patient-centered Care
- Apply Quality Improvement

## **Participation and Credit**

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*<sup>™</sup>, or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

## **Contact**

Should you have any questions or concerns, please contact us at [continuing.education@pediatrix.com](mailto:continuing.education@pediatrix.com)