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Obstetrics Grand Rounds: Embracing Endometrium-Free Closure Technique – Time to Rethink the Standard Cesarean Hysterotomy Repair

Internet Enduring Material
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Content was originally presented as part of the Pediatrix OB Grand Rounds series on April 8, 2026.

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Time to Complete: The estimated time for completion of this Internet Enduring Material is 65 minutes.

Target Audience: This presentation is intended for MFM and/or OBGYN clinicians including physicians, advanced practice providers, sonographers and other relevant healthcare providers.

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There is no commercial support for this educational activity.

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Disclosure of Relevant Financial Relationships
Clarel Antoine, MD, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures:* none reported.
Jaya Sariga, NNP-BC and Nicole Brenson, planners of this educational activity, have no relevant financial relationship(s) with ineligible companies to disclose.

Overview

The monthly Obstetrics Grand Rounds Series will present topics on diagnosis and management of normal and complicated pregnancy, including routine and advanced obstetrical ultrasound. The series aims to review evidence-based standards of care and to provide contemporary, state-of-the art updates on topics where new information is available. At the conclusion of the activity, learners will implement at least one strategy, new technique(s), or intervention(s) to identify specific findings of disease(s) to assist in clinical decision-making and antepartum management.

Objectives

At the conclusion of this activity, the participant will be able to:

- Explain how different uterine closure techniques influence the formation of cesarean scar defects and subsequent long-term complications.
- Identify the specific benefits of the Endometrium-Free Closure Technique (EFCT).

ACGME/ABMS Competencies

- Patient Care and Procedural Skills
- Medical Knowledge

IOM Competencies

- Employ Evidence-based Practice

Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*™, or nursing contact hour(s).

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Contact

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