

The When and Why of Prenatal Steroids

Internet Enduring Material

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Content was originally presented as part of NEO: The Conference for Neonatology on February 22, 2023.

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Time to Complete

The estimated time for completion of this Internet Enduring Material is 45 minutes.

Target Audience

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within the Neonatology specialty.

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Disclosure of Relevant Financial Relationships

C. Andrew Combs, MD, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: Off label but evidence-based: Betamethasone Off label but evidence-based: Dexamethasone*

Jaya Sariga, NNP-BC and Nicole Brenson, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support

There is no commercial support for this educational activity.

Please note: the content of this educational activity was originally presented at NEO: The Conference for Neonatology on February 22, 2023, which was supported in part, through restricted medical education grants from Mallinckrodt Pharmaceuticals and Abbott Nutrition.

Overview

Although antenatal corticosteroids (ACS) are well-known to reduce neonatal mortality and morbidity if administered to mother 1-7 days before early preterm birth, ACS are given within this time window in fewer than 50% of cases of births before 34 weeks of gestation.

Objectives

At the conclusion of this activity, the participant will be able to:

- List the reasons why ACS are often administered too early to be effective.
- Identify strategies that should increase the percentage of cases in which ACS are administered in the optimum time window.

ABMS/ACGME Competencies

- Medical Knowledge
- Practice-Based Learning and Improvement

IOM Competencies

- Employ evidence-based practice
- Apply quality improvement

Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)[™]* or *nursing contact hour(s)*.

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