

## COVID-19 and the Heart

### ***Internet Enduring Material***

***Release Date:*** 06/28/2022

***Expiration Date for Credit:*** 06/27/2025

### ***Accreditation***

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of .75 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of .75 *nursing contact hours*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

### ***Time to Complete***

The estimated time for completion of this Internet Enduring Material is 45 minutes.

### ***Target Audience***

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within the Pediatrics and Pediatric Cardiology specialties.

### ***Mitigation of Relevant Financial Relationships***

The Pediatrix Center for Research, Education, Quality and Safety adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies within the 24 months prior to their involvement with the CE activity. All relevant financial relationships have been mitigated prior to the commencement of the activity. Beyond disclosure of financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical.

### ***Disclosure of Relevant Financial Relationships***

**Claire McMahon, MD**, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosure(s): none reported*

**Nicole Brenson and Jaya Sariga, NNP-BC**, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

### ***Commercial Support***

There is no commercial support for this educational activity.

## **Overview**

More information and data is constantly being discovered and studied regarding the cardiac effects of Coronavirus 2019 (COVID-19) in children. This presentation will provide providers with an update on the latest knowledge available to us given the everchanging information learned since the start of the COVID-19 pandemic in early 2020.

## **Objectives**

*At the conclusion of this activity, the participant will be able to:*

1. Characterize the different cardiac effects of Multisystem Inflammatory Syndrome in Children (MIS-C), acute COVID-19 infection, and long-COVID in children, and delineate the treatment and follow-up for each.
2. Describe the guidelines for return to sports for children after COVID-19 infection, based on mild, moderate, or severe disease.

## ABMS/ACGME Competencies

- Patient Care and Procedural Skills
- Medical Knowledge

## IOM Competencies

- Provide patient-centered care
- Employ evidence-based practice

## **Participation and Credit**

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)*<sup>™</sup> or *nursing contact hour(s)*.

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

## **Contact**

Should you have any questions or concerns, please contact us at [Continuing.Education@pediatrix.com](mailto:Continuing.Education@pediatrix.com)