

Eat, Sleep and Console Webinar

Internet Live Activity

Date: 02/07/2024

Time: 04:00 – 05:00 p.m. Eastern

Location: Live Webinar (hosted via GoToWebinar)

Accreditation

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Live Activity for a maximum of 1 *AMA PRA Category 1 Credit*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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Disclosure of Relevant Financial Relationships

Lori Devlin, D.O., MHA, MS, faculty for this educational activity, does not have any relevant financial relationship(s) with ineligible companies to disclose. *FDA Disclosures*: none reported.

Timothy Biela, MD, Nicole Brenson and Jaya Sariga, NNP-BC, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

Commercial Support

There is no commercial support for this educational activity.

Overview

There has not been strong generalizable evidence to support the best way of assessing the severity of opioid withdrawal prior to the ESC-NOW (Eating, Sleeping, and Consoling for Neonatal Opioid Withdrawal) trial. This randomized controlled trial has provided strong evidence to inform the clinical practice for supporting and treating infants with Neonatal Opioid Withdrawal Syndrome (NOWS). This activity will review the study's methodology, outcomes, and implications for clinical care. At the conclusion of this activity, learners will critically review current treatment for infants with NOWS in their unit to determine if the ESC approach is beneficial and if so, begin implementation of the ESC Care Tool.

Objectives

At the conclusion of this activity, the participant will be able to:

- Describe the current scope of opioid use during pregnancy in the United States.
- Identify research gaps and opportunities to improve care for infants with NOWS.
- Examine how results from the ESC-NOW trial have addressed research gaps and informed clinical care for infants with NOWS.

ACGME/ABMS Competencies

- Patient Care & Procedural Skills
- Medical Knowledge
- Practice-based Learning and Improvement

IOM Competencies

- Employ evidence-based practice
- Apply quality improvement

Evaluation, Attendance and Credit

Within <https://pediatrix.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. **Completion of the evaluation within 30 days is required to receive CME credit or nursing contact hours for this educational activity.** You will have the option to email the certificate of attendance to your mailbox.