

# CENTER FOR RESEARCH, EDUCATION, QUALITY AND SAFETY

# Management of Hypertensive Disorders in Pregnancy

# Internet Enduring Material

Release Date: 05/18/2022 Expiration Date for Credit: 05/17/2025

## Accreditation

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of 1 *nursing contact hour*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

# Time to Complete

The estimated time for completion of this Internet Enduring Material is 60 minutes.

#### **Target Audience**

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within Maternal-Fetal Medicine.

#### Mitigation of Relevant Financial Relationships

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#### Disclosure of Relevant Financial Relationships

**Dr. Jeanette Carpenter,** faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: none reported* 

**Nicole Brenson and Vicki Leamy,** planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

#### **Commercial Support**

There is no commercial support for this educational activity.

## Overview

Many pregnant women are not treated for severe hypertension on Labor & Delivery in a timely manner. Recent data has led to new recommendations for the blood pressure (BP) threshold that should prompt treatment for pregnant women with chronic hypertension. During this activity, the definition and importance of timely and appropriate treatment of maternal hypertension will be reviewed.

#### Objectives

At the conclusion of this activity, the participant will be able to:

- 1. Describe the timely treatment of severe maternal hypertension.
- 2. Summarize the new target blood pressure (BP) guidelines for the treatment of maternal chronic hypertension.
- 3. Discuss the role of low-dose aspirin in preeclampsia risk reduction.
- 4. Explain the recommended technique for BP measurement.

#### ABMS/ACGME Competencies

- Patient Care and Procedural Skills
- Medical Knowledge

## IOM Competencies

• Employ evidence-based practice

#### Participation and Credit

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn AMA PRA Category 1 Credit(s)<sup>TM</sup> or nursing contact hour(s).

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

#### Contact

Should you have any questions or concerns, please contact us at Continuing.Education@pediatrix.com