



CENTER FOR RESEARCH,  
EDUCATION, QUALITY AND SAFETY

## Helping Parents Cope When Their Baby Is in the NICU Webinar

### **Internet Live Activity**

**Date:** 11/02/2022

**Time:** 04:00 – 05:00 p.m. EDT

**Location:** Live Webinar (hosted via GoToWebinar)

### **Accreditation**

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Live Activity for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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### **Mitigation of Relevant Financial Relationships**

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### **Disclosure of Relevant Financial Relationships**

**Annie Janvier, M.D.**, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: none reported.*

**Timothy Biela, MD, Nicole Brenson, Jaya Sariga, NNP-BC**, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

### **Commercial Support**

There is no commercial support for this educational activity.

### **Overview**

Parenting in the neonatal intensive care unit (NICU) is an intense journey. Parents struggle to build intimacy with their child amidst complex emotions and medical uncertainties. NICU Parents need to rapidly adapt their vision of parenthood to the realities of intensive care. The psychological impact of this journey can have important effects on their psychological health. This presentation will offer practical suggestions to NICU clinicians that can help NICU parents cope while their baby is in the NICU and afterward.

## **Objectives**

*At the conclusion of this activity, the participant will be able to:*

- Discuss the parent and family experience during their child's NICU stay.
- Describe how clinicians can help NICU parents cope through personalized family-integrated care.
- Examine the practical ways to optimize the NICU parent experience.
- Determine how to best help families at an individual level and a unit level through more flexible care models.

## ACGME/ABMS Competencies

- Interpersonal & Communication Skills
- Systems-based Practice
- Practice-based Learning and Improvement

## IOM Competencies

- Provide patient-centered care
- Employ evidence-based practice

## **Evaluation, Attendance and Credit**

Within <https://pediatrix.cloud-cme.com>, click My CE and then select Evaluations and Certificates. Follow the instructions to record attendance/time spent and complete the brief evaluation. You will have the option to email the certificate of attendance to your mailbox.