

## Pediatric Obesity Management and Metabolic & Bariatric Surgery (MBS)

### ***Internet Enduring Material***

***Release Date:*** 11/07/2022

***Expiration Date for Credit:*** 11/06/2025

### ***Accreditation***

The Pediatrix Center for Research, Education, Quality and Safety is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of 1 *AMA PRA Category 1 Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Pediatrix Center for Research, Education, Quality and Safety is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

The Pediatrix Center for Research, Education, Quality and Safety designates this Internet Enduring Material for a maximum of 1 *nursing contact hour*. Participants should claim only the credit commensurate with the extent of their participation in the activity.

### ***Time to Complete***

The estimated time for completion of this Internet Enduring Material is 70 minutes.

### ***Target Audience***

This presentation is intended for physicians, advanced practice providers, and other clinicians practicing within Pediatrics and Pediatric Surgery.

### ***Mitigation of Relevant Financial Relationships***

The Pediatrix Center for Research, Education, Quality and Safety adheres to the ACCME's Standards for Integrity and Independence in Accredited Continuing Education. Any individuals in a position to control the content of a CE activity, including faculty, planners, reviewers or others are required to disclose all financial relationships with ineligible companies within the 24 months prior to their involvement with the CE activity. All relevant financial relationships have been mitigated prior to the commencement of the activity. Beyond disclosure of financial relationships, faculty are required to disclose when they plan to discuss pharmaceuticals and/or medical devices that are not approved by the FDA and/or medical or surgical procedures that involve an unapproved or "off-label" use of an approved device or pharmaceutical.

### ***Disclosure of Relevant Financial Relationships***

**Sarah Ogle, DO, MS**, faculty for this educational activity, has no relevant financial relationships with ineligible companies to disclose. *FDA Disclosures: none reported*

**Jaya Sariga, NNP-BC and Nicole Brenson**, planners of this educational activity, have no relevant financial relationships with ineligible companies to disclose.

### ***Commercial Support***

There is no commercial support for this educational activity.

**Overview**

During this activity, pediatric obesity evaluation and management will be reviewed. Additionally, metabolic and bariatric surgery in the pediatric population will be reviewed.

**Objectives**

*At the conclusion of this activity, the participant will be able to:*

- Define pediatric obesity.
- Identify contributing factors to pediatric obesity.
- Assess complications of obesity.
- Analyze nonsurgical approaches to pediatric obesity.
- Describe surgical approaches to pediatric obesity.

**ABMS/ACGME Competencies**

- Patient Care and Procedural Skills
- Medical Knowledge

**IOM Competencies**

- Provide patient-centered care
- Work in interdisciplinary teams
- Employ evidence-based practice

***Participation and Credit***

Participants are expected to review all content in the video, access reference materials as needed for additional self-directed learning, take and score 75% or greater correct on the post-test, and complete the evaluation in order to earn *AMA PRA Category 1 Credit(s)<sup>™</sup>* or *nursing contact hour(s)*.

There are no fees for participating in or receiving credit for this online educational activity. For information on the applicability and acceptance of credit for this activity, please consult your professional licensing board.

**Contact**

Should you have any questions or concerns, please contact us at [Continuing.Education@pediatrix.com](mailto:Continuing.Education@pediatrix.com)